



Who: Middle School & High School Aged Athletes (Entering 7th to Graduating Senior)

What: A summer club track program for Northern Illinois Middle & High School Athletes

Where: All Practices will take place at the Deerfield High School Track

When: See Below for Camp Dates/Times

Cost: See Below for Camp Options

Speed Camps

Focus is on speed and explosiveness including testing your 40-yard dash and vertical jump

2018 Speed Camps

2018 Speed Camp Dates (6pm-7:15pm)

Full Camp (4 Weeks) - \$250

Week 1 – 6/11, 6/12, 6/14

1st Half (Weeks 1&2) - \$150

Week 2 – 6/25, 6/26, 6/28

2nd Half (Weeks 3&4) - \$150

Week 3 – 7/9, 7/10, 7/12

Single Week - \$100

Week 4 – 7/23, 7/24, 7/26

Event Specific Camps

Throws (Shot Put and Discus), Jumps (Long Jump, Triple Jump, High Jump), Pole Vault, and Hurdles

2018 Event Specific Camps

2018 Event Specific Camp Dates (6pm-8pm)

Full Camp (3 Weeks) - \$300

Week 1 – 6/18, 6/19, 6/21

Two Weeks - \$250

Week 2 – 7/16, 7/17, 7/19

Single Week - \$150

Week 3 – 7/30, 7/31, 8/2

Private Coaching Available - \$50/hr (email oriontrackclub@gmail.com for availability)



2018 Registration Form

Family Information

Parent/Guardian Name:		
Current Address:		
City/State/Zip:		
Home Phone:	Work:	Cell:
Email:		

Athlete #1 Name:
2018-19 Grade:
Birthday:

Athlete #2 Name:
2018-19 Grade:
Birthday:

(Make Checks Payable to Ryan Brown)

Method of Payment: <input type="checkbox"/> Cash <input type="checkbox"/> Check Total Amount: _____	
Speed Camp: <input type="checkbox"/> Full Camp (4 Weeks) - \$250 <input type="checkbox"/> 1 st Half (Weeks 1&2) - \$150 <input type="checkbox"/> 2 nd Half (Weeks 3&4) - \$150 <input type="checkbox"/> Single Week - \$100	Event Specific Camp: <input type="checkbox"/> Full Camp (3 Weeks) - \$300 <input type="checkbox"/> Two Weeks - \$250 (1 / 2 / 3) <input type="checkbox"/> Single Week - \$150
Circle Event(s): Throws, Jumps, Vault, Hurdles Mail to: Ryan Brown 404 N Central Ave Highwood, IL 60040 (Note: All fees are non-refundable)	
Signature:	Date:

Release Form

Athlete's Name _____ Date _____

Publicity Release Form

I give permission to the Orion Track Club to use my name or my child's name, picture, or statement for the purpose of promoting, advertising, and raising money for the Orion Track Club.

_____ (Parent Initial)

Parent's Responsibilities

Parents are important to the success of the athlete and the track club. Therefore, we ask the parents to observe the following guidelines:

- Maintain a positive attitude.
- Realize that once an athlete is at a given facility, they are under the supervision/jurisdiction/guidelines of the coaching staff.
- Insure that the athlete is at practice and at meets on time.
- Provide transportation for the athlete to and from practice and meets.
- Remain in the seating area at practice and meets.

_____ (Parent Initial)

Athlete's Responsibilities

Athletes represent our organization, the coaching staff, their families, and themselves. We expect all athletes to observe the following guidelines:

1. Use appropriate language at all times (Inappropriate language will not be tolerated).
2. No use of illegal drugs and/or alcohol.
3. Respect others and their property.
4. No physical/emotional bullying.
5. Respect coaches and their decisions.
6. Accept constructive feedback.
7. Put forth 100% effort during practice and meets.
8. BE ON TIME and stay in assigned areas.
10. Attend all practices and meets.
11. Compete in assigned or designated events.

_____ (Athlete Initial)

Medical Conditions

No _____

Yes _____ Condition _____

Medication or Special Attention Required? _____

_____ (Parent Initial)

**WAIVER/RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR
THE ORION TRACK CLUB**

Please read this form carefully and be aware that, in signing up and participating in the Orion Track Club, you will be waiving and releasing all claims for injuries arising out of this program that you or the registered participant might sustain. The terms, "I", "me", and "my" also refer to parents or guardians as well as the participants in the program. In registering for this program, you are agreeing as follows:

As a participant in the program, I recognized and acknowledge that there are certain risks of physical injury, and I agree to assume the full risks of any injuries, including death, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in the program against the Orion Track Club any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all other persons and entities of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in the program. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of the agreement).

I do hereby fully release and discharge the Orion Track Club, and any and all other released parties, from any and all claims resulting from injuries, including death; damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of the program.

I further understand and agree that the terms such as "participation", "program" and "activities", referred to in this Agreement, included all exercise and physical movements of any nature while I am participating in the program, and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in the program.

I understand the nature of the program for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisement or warnings of the particular risks of this program that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

If under 18 _____ Date _____
(Signature of Parent)

(Signature of Athlete) _____ Date _____

Orion Track Club Signature Consent Form

I, hereby, give permission for any background checked, USATF/AAU registered, Orion Track Club coach and/or administrator to sign my name for the purposes of enrollment or advancement in USA Track and Field and/or AAU Athletics competitions. This permission is granted as long as my child is an active member of the Orion Track Club.

ATHLETE's NAME _____

SIGNATURE (PARENT/GUARDIAN):

DATE _____

ORION TRACK CLUB MEDICAL RELEASE FORM

I, _____ (Parent/Guardian's Name) hereby give permission for any and all medical attention to be administered to my child _____ (Child's Name) in the event of accident, injury, sickness, etc., under the direction of the person(s) listed below, until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment. This release is effective as long as my child is a member of the Orion Track Club.

ADDRESS:

HOME PHONE:

INSURANCE COMP:

POLICY NUMBER:

In case I cannot be reached, any of the following persons is designated to act on my behalf:

* COACH: Any background checked, USATF and/or AAU-registered, Orion Track Club Coach and/or administrator.

PHYSICIAN: _____

ADDRESS: _____

PHONE: _____

KNOWN ALLERGIES: _____

SIGNATURE (PARENT/GUARDIAN) _____ DATE _____

Orion Track Club – 2017 Practice Calendar

June

Su	M	T	W	Th	F	Sa
10	11 Speed Camp 6-7:15pm	12 Speed Camp 6-7:15pm	13	14 Speed Camp 6-7:15pm	15	16
17	18 Event Camp 6-8pm	19 Event Camp 6-8pm	20	21 Event Camp 6-8pm	22	23
24	25 Speed Camp 6-7:15pm	26 Speed Camp 6-7:15pm	27	28 Speed Camp 6-7:15pm	29	30

July

Su	M	T	W	Th	F	Sa
1 <u>IHSA NO CONTACT</u>	2 <u>IHSA NO CONTACT</u>	3 <u>IHSA NO CONTACT</u>	4 <u>IHSA NO CONTACT</u>	5 <u>IHSA NO CONTACT</u>	6 <u>IHSA NO CONTACT</u>	7 <u>IHSA NO CONTACT</u>
8	9 Speed Camp 6-7:15pm	10 Speed Camp 6-7:15pm	11	12 Speed Camp 6-7:15pm	13	14
15	16 Event Camp 6-8pm	17 Event Camp 6-8pm	18	19 Event Camp 6-8pm	20	21
22	23 Speed Camp 6-7:15pm	24 Speed Camp 6-7:15pm	25	26 Speed Camp 6-7:15pm	27	28
29	30 Event Camp 6-8pm	31 Event Camp 6-8pm	August 1	August 2 Event Camp 6-8pm		

Orion Track Club

2018 Championship Meet Schedule

June 16-17	AAU District Qualifier	Auburn HS – Rockford, IL
June 21-23	USATF Illinois State Championship	Benedictine University – Lisle, IL
June 30-July 1	AAU Region 13 Qualifier	Warren Central HS – Indianapolis, IN
July 5-8	USATF Region 7 Championship	Ball State University - Muncie, IN
July 24-30	USATF National Championship	North Carolina A&T - Greensboro, NC
Jul 30-Aug 4	AAU National Championship	Drake University – Des Moines, IA

Note: You **must** compete in the District/State meet in order to be eligible for the Regional round and subsequently the National round.

2018 All-Comer Away Meet Schedule

June 2	Hand off and See Me Fly	Marian Catholic HS – Chicago Heights, IL
June 9	Kankakee Track Club Invite	Kankakee HS – Kankakee, IL
June 14	Univ of Chicago All-Comers #1 (4x100,2mile,100m,Mile,400m, 800m,Long Jump)	Stagg Field (Univ of Chicago) – Chicago, IL
June 16	Jane Dickens Invite	Proviso East HS – Maywood, IL
June 21	Univ of Chicago All-Comers #2 (4x400,3000m,200m,1500m,4x100, 600m,Triple Jump)	Stagg Field (Univ of Chicago) – Chicago, IL
June 28	Univ of Chicago All-Comers #3 (4x100,5000m,100m,Mile,800m,Long Jump)	Stagg Field (Univ of Chicago) – Chicago, IL
July 12	Univ of Chicago All-Comers #4 (4x400,3000m,200m,1500m,4x100, 600m,Triple Jump)	Stagg Field (Univ of Chicago) – Chicago, IL
July 14	DuPage Track Club Invite	Lake Park HS (East Campus) – Roselle, IL
July 19	Univ of Chicago All-Comers #5 (4x100,2mile,100m,Mile,400m, 800m,Long Jump)	Stagg Field (Univ of Chicago) – Chicago, IL

Meet FAQ:

Q: What does it cost to compete in one of these meets?

A: Meet entry costs vary between \$1 for the University of Chicago meets to roughly \$20 per athlete for some of the AAU Championship meets. Coaches can provide more specific numbers for specific meets.

Q: How do I get to all of these meets?

A: Athletes and Parents are responsible for transportation to and from all meets. You are certainly welcome to leave after your event is over. If the meet is out of state and therefore requires a hotel stay, the logistics and payment would be up to the athlete and parents.

Q: Is there a uniform I am required to wear for any of these meets?

A: No, there are no uniform requirements for any of the summer meets. You are welcome to wear whatever is comfortable for you. Orion Track Club does sell uniform tops which are \$75 if you would like an Orion branded uniform to wear for your meets.

Q: Who decides what events/meets I compete in?

A: At the end of the day you decide what events/meet you compete in although our coaches are certainly available to offer advice. All meets are purely optional although they are a great opportunity to see improvement from what you are working on in practices.